

# Your Summer of **EXPLORATION**

Summer Camp Guide 2024

Hello Camp Family!

The new year has arrived, and we are excited about Girl Scout Summer Camp! We are working hard to prepare for the 2024 camp season and have so many fun adventures planned. Whether you are a returning camper or brand new to the Girl Scout camp experience, you will be able to find a camp session that excites you, inspires you, and makes you smile! This summer, Girl Scouts will be able to choose from six weeks of wonderful outdoor camp adventures.

For 2024, we are proud to offer two weeks of camp at both Camp Low and Camp Tanglewood, and one week of camp at Camp Martha Johnston. If you are counting, that adds up to 5 weeks - this year we are having a week long travel camp to our nation's capital for our older girls.

For Daisies, Brownies, and Juniors who are not quite ready for a week of resident camp, we are offering day camp at Camp Low and Camp Tanglewood this year, as well as mini camp options in Athens and Savannah!

We are bringing back some favorite summer camp themes, like Harry Potter week at Camp Martha Johnston, and all your favorite camp activities too. Browse through this guide to see all the exciting opportunities we have planned!

Summer Camp at GSHG is truly an amazing experience, and it is the dedicated staff and purposeful program that make it so great. Camp programs safely challenge campers and build courage, confidence, and character. Campers learn independence and resiliency in a peaceful, unplugged outdoor setting. They learn, grow and thrive. Girl Scouts come from across the state to make new friends, experience new activities and forge memories that will last a lifetime!

We would love for your Girl Scout to join us! The camp staff are excited to share the endless things campers can learn and accomplish.

This will truly be "A Summer to EXPLORE!"

Michele "Sparkie" Edwards  
*Assistant Director of Program*

Elizabeth "Cloze-Up" Sumpter  
*Summer Camp Director*

# How do you like to camp?

Girl Scouts of Historic Georgia offers a variety of summer camp options that prepare girls to see adventure, try new things, and meet friends that will last a lifetime. Take some time to complete this nifty quiz with your Girl Scout. Together, you can figure out which camp experience is most fitting for her!

For each question, select the answer that describes you best:

**Yasss! That's me!**  **Meh. That kind of sounds like me.**  **Eek! Not quite sure that's me...**

- 1.) Do you enjoy sleeping over at your friend's house?  **Yasss!**  **Meh.**  **Eek!**
- 2.) Do you like outdoor activities such as hiking and canoeing?  **Yasss!**  **Meh.**  **Eek!**
- 3.) Can you go without TV, video games, computers, or a cell phone for a week?  **Yasss!**  **Meh.**  **Eek!**
- 4.) Does the idea of traveling to a new place excite you?  **Yasss!**  **Meh.**  **Eek!**
- 5.) Are you comfortable introducing yourself to new people when you first meet?  **Yasss!**  **Meh.**  **Eek!**
- 6.) Can you shower and brush your teeth and hair without assistance?  **Yasss!**  **Meh.**  **Eek!**
- 7.) Do you like group activities and are you willing to share with others?  **Yasss!**  **Meh.**  **Eek!**
- 8.) Have you slept in a cabin before at one of Girl Scouts of Historic Georgia's camps?  **Yasss!**  **Meh.**  **Eek!**
- 9.) Can you sleep at night without the overhead light on or with a small nightlight?  **Yasss!**  **Meh.**  **Eek!**
- 10.) Are you excited about going away to camp?  **Yasss!**  **Meh.**  **Eek!**

**All Yasss! That's me!** It's time to take your camp game to the next level. Consider looking at camp programs offered at Girl Scouts of Historic Georgia camp that is further from your home or at the travel camp options for older Girl Scouts at Camp Low and Camp Martha Johnston. You're ready to create a world more traveled!

**Mostly Yasss! That's me!** You're ready for resident camp! You've built the confidence and skills to take care of yourself away from home, from making new friends to getting yourself ready for bed. Resident camp will help you find even more adventure as you explore the night sky and sing songs as the sun goes down.

**Mostly Meh. That kind of sounds like me.** Never fear, mini-camp sessions are here! Mini-camp offers a three-day, two-night overnight experience for campers who have conquered day camp or older girls new to the camp experience. Mini-camp is an exciting way to experience new challenges with the peace of mind that home is only two nights away.

**Mostly Eek! Not quite.** You may not be ready for overnight camp, but we know you'll love day camp!

# Camp Low Savannah, GA

Embark on a spellbinding odyssey with the divine goddesses of Olympus as we delve into the lore of Greek mythology. Learn of the enchanted paths of the huntress goddess as you hone your archery skill, and voyage on the mystical waters of the River Styx.

Create outdoor art, imbued with boundless magic! And if you dare, stay with us as night falls on Thursday and embrace one of the most beloved pastimes of Ancient Greece, theater.

Join us for a night of revelry and magic as we celebrate our talents and cheer on our fellow seekers of the arcane.

## Week 1

## Explore Greek Mythology June 3 - June 7

### Daisy Day Camp

**Daisy** campers will sing new songs, make art, and meet new friends while building their understanding and appreciation of all things Between, Earth and Sky.

### Brownie Day Camp

**Brownies** will take inspiration from the vibrant life of the Greek goddesses. As young seekers of adventure, our Brownie campers will partake in a plethora of new traditions, from the glide of canoes to the mysteries of the forest as they work towards their Brownie Quest Journey.

### Junior Day Camp

**Juniors** will traverse the untamed terrain, plunge into crystal clear waters, follow winding paths, and hone their archery skills. All these experiences will paint a picture of their journey towards the Outdoor Art Explorer badge. Their journey doesn't end there; together they will explore what it truly means to be an outdoor camper!

### Cadette Day Camp

**Cadettes** will create and dive into the mystery of the Greek goddesses as they work towards their Outdoor Art badge. In their quest, they shall unravel the stories of the herons, exploring the winding paths of their lives. Guided by the aMaze Journey, Cadettes will navigate the twists and turns of their own lives!



Mermaids have graced us with their presence at Camp Low! Amidst the enchanting embrace of Georgia's coastal wonders and the splendor of Rose Dhu Island, we embark on an adventure like no other. A week of wonder awaits, where we will meet creatures of feather, fur, and shell, all while exploring our coastal environment. The days shall be packed full of adventures, each moment a celebration of nature's splendor and the thrill of the great outdoors!

## Week 2

## Explore the Marina

June 9 - June 14

### Daisy Day Camp

**Daisy** Day Campers will greet the day with their joyful demeanor, and they will seek new friendship as they pursue their Math in Nature badge! One hopes that, unlike their mermaid counterparts, they won't sprout a tail as they swim, play and explore Camp Low.

### Brownie Program

**Brownies'** thirst for knowledge shall not be quenched as they embark on a journey of discovery into the world of mathematics in nature. Along the path, they shall meet masters of STEM who will help weave their imagination. Our day campers, who seek to dance with the stars and explore the nocturnal mysteries, may stay overnight from Thursday to Friday, embracing the essence of our camp under the moon's gleaming light.

### Junior Program

**Juniors** will explore and navigate the island shoreline as they learn to track wildlife and tell time using the sun as they earn their Numbers in Nature badge! Campers will swim and play throughout the week while they make their own weather stations. They'll investigate the island's waters for marine life as they stay cool by playing aquatic games. Our day campers are invited to register for a one night stay from Thursday to Friday, embracing our camp essence under the moon's gleaming light!

### Older Girl Program

**Cadettes, Seniors, and Ambassadors** will embark upon a wondrous voyage to the Tybee Island Marine Science Center and explore our shoreline! Use seine nets and other tools to explore what lies beneath the surf in both beach and marsh habitats. Archery, rock wall and swimming will fill out your days! At night, the camp is filled with songs and laughter while we engage in Girl Scout traditions - including S'mores!

### Counselor in Training 1

Discover and practice skills needed to be a positive and supportive mentor to younger girls while contributing to an empowering and inclusive community experience. CIT 1 provides participants with a balance of new knowledge and theory in a mentoring environment where you'll thrive! Girls completing CIT 1 will earn a certification in American Red Cross First Aid/CPR & AED. CIT 1 sleep in a separate living unit together and spend 2 hours in training per day. The remainder of the time, you will work with younger campers and practice the skills learned in training.



# Camp Tanglewood Augusta, GA

Unleash your inner Sherlock and turn up the heat at camp by becoming a crime scene investigator! Team up with the legendary Detective Low and help her solve the mysteries of Tanglewood. From dusting for prints to deciphering online clues, put your detective skills to the test and help crack the case! When not on the case our young detectives, will train in self-defense, swimming and practice Girl Scout level shooting sports.

## Week 3

## Explore the Crypto CSI Mysteries June 16 - June 21

### Daisy Day Camp

**Daisies** will explore the trails with new friends as they look for clues and help solve a mystery designed just for Daisies. In between swimming and playing games, you'll rescue the fairy princess and restore her magic wand!

### Brownie Program

**Brownies**, along with Poppy and Viva, know it sometimes takes a team to get things done! Brownies will join together to gather evidence and solve a Trolls mystery! They'll explore the world of cybersecurity as they find out about staying safe online all while trying lots of camp activities! Brownies may join us as Day Campers or stay overnight as a Resident Camper!

### Junior Program

**Juniors** will become detectives and ride shotgun with Detective Low in cracking mysteries of the digital world, making it safer for all online explorers. And hey, who knows? While on this epic journey, the detective just might stick around to share her wise stories of the past and the keys to having some serious fun.

### Cadette Program

**Cadettes:** Join the ranks of the FBI and Interpol as they investigate a worldwide cookie smuggling ring! This elite team explores careers in law enforcement by securing crime scenes, analyzing clues and meeting field agents. From self-defense to shooting sports, Girl Scouts will spend the week gaining new skills and sharing time old traditions!

Step right up! Girl Scouts of all ages! Get ready to be dazzled by the show-stopping event of the summer at camp Tanglewood! Join the Girl Scout actors guild and Girl Scout stage crew as we explore all the elements in putting on a show! Theater games, improv, acting and singing are just some of the daily activities! Crafts take a turn this week as Girl Scouts design and build an elemental set for the Tanglewood variety show! Join us for the show! Our showtime is Friday 2:00 pm for Day Camp and 4:30 pm Resident Camp!

## Week 4

## Explore Showtime

June 23 - June 28

### Daisy Day Camp

Swimming and outdoor games will warm you up and get you ready to jam out with new friends! Sing, dance and create the week away as you prepare a skit with your fellow Girl Scouts, all while exploring day camp at Tanglewood.

### Brownie Program

**Brownies**, get ready to unleash your inner superstar! Explore the stage and world of theater as you work together to bring scenes to life. From creative scene design to joining in on new songs, Girl Scouts will rock out at camp. Practice for upcoming roles by swimming, hiking and playing games! Day or resident camp-the choice is yours for Brownies. Our day campers are welcome to add on an overnight stay at camp for Thursday night!

### Junior Program

**Juniors**, explore the theater from acting to singing to animation! Work as a team to create a stop motion short reel that can be shared with your family! Get ready to snap some memories and capture good times as we dive into the evolution of photography and still shots. Cool off at our daily swim and prepare for future roles at archery! Juniors can choose to attend as day campers or resident campers! Our day campers are welcome to add on an overnight stay at camp for Thursday night!

### Cadette Program

**Cadettes**: Explore the show-stopping world of entertainment and creative production. Get behind the camera as you reign in your artistic talent and curate a short movie from beginning to end! Between archery, low ropes and swimming, you'll storyboard and layout a memorable cinematic experience!

### Counselor in Training 2

Take your leadership skills to the next level! Counselor in Training 2 (CIT) provides you with increasing opportunities to positively mentor younger Girl Scouts during camp activities. You'll meet with other CITs for core training as you develop skills in group facilitation and outdoor activities like fire building, games and geocaching! Girls completing the CIT 2 program will be certified in Basic Outdoor Skills and American Red Cross Certified in First Aide and Lifeguarding. Campers accepted to this program must be 15 years or older and have successfully completed CIT 1.

# Washington, D.C. and Philadelphia Travel Camp

Embark on a time-traveling journey to the birth of a nation. Cast your gaze upon the land as it was in the year 1776, when the promise of tomorrow stirred the hearts of our young nation. Walk in the footsteps of our forefathers and witness the sites that awakened the spirit of a people. Savor the flavors of the land, rich with tradition and history. Experience the pulse of life as it was then and learn the tales of the revolution that shaped America's destiny. Let's journey together and unravel the mysteries of the past, for within its tapestry lies the essence of our future.

## Week 5

### Explore the Beginning July 1 - July 5

#### Travel Camp

Departing from Camp Low! Explore the paths our founding fathers took as we walk throughout Washington, D.C. and Philadelphia! Your adventure starts with an initial night at Camp Low preparing us for our departure the next day.

Travel by train to our first stop, Washington, D.C.! National monuments, the Smithsonian, and the Air and Space Museum are ready to be experienced! After a full two days in Washington, D.C., we'll head off to celebrate the Fourth of July where it all started: in Philadelphia! Independence Hall, the Liberty Bell and the Museum of the Revolutionary War await you! Philly celebrates the Fourth of July in a BIG way! Grab your phones because the selfies will be amazing! We'll go to a philharmonic concert with fireworks and the *Rocky* steps in the background.

This travel camp trip is open to Girl Scouts entering 8th grade and above, so bring your BFFs and let's make some unforgettable memories. You'll need to be able to walk long distances and be responsible for your personal belongings.

Travel camp includes all activities, hotels, food and transportation.





# Camp Martha Johnston Macon, GA

Dash through platform 9 3/4 and embark on a wondrous journey where friendships and magical classes are found! Girl Scouts enter a camp transformed into the wizarding world as they explore the forest and great hall on their way to adventure.

From hunting down mystical creatures to playing time honored games, Girl Scouts' creative powers will be unleashed during this powerful week at camp!

## Week 6

## Explore the Magic July 7 - July 12

### Brownie Program

**Brownies**, get ready for an enchanting adventure as you enter a world filled with fun and amazing forest friends! Explore the land of the Brownie elf and search for forest fairies as you create a new habitat for them! Care of magical creatures class entertains and teaches life skills that can be used in both the muggle and wizarding world. Swim, hike and play games throughout the week!

### Junior Program

**Juniors**, flex your teamwork skills and your sports muscles with our unique Hogswood quidditch! After a hard game, treat yourself to Diagon Alley! Prepare yourself for future adventures during Defense Against the Dark Arts and explore the forbidden forest! While in the forest, take a turn at archery and a dip in our magical pool!

### Cadette Program

**Cadettes**: Craft your magic wand at Olivander's wand workshop as you master the use of muggle tools! Explore the forbidden forest for magical creatures as you test your survival skills. From Potions and Defense Against the Dark Arts to Herbology, your week will be filled with new experiences at our resident camp!



# Even More Camp Opportunities!

While we are still finalizing plans for more camp opportunities this summer, we wanted to go ahead and let you know about the exciting things we have in store!

Stay tuned for more information about our mini camps!

## Athens

### Pajama Camp July 1 - July 4

#### Mini Camp

#### **Juniors and Cadettes!**

Join us in Athens from 5:00 pm - 9:00 pm for our Pajama Camp! Like Day Camp, we'll have lots of fun programming in store, we will provide dinner and you have the option to spend the night Wednesday night!

\$85 per Girl Scout

## Savannah

### Mini Camps June 17 - 21 and June 24 - 28

#### June 17 Mini Camp

#### **Daisies and Brownies!**

Join us in Savannah from 9:00 am - 2:00 pm for our Mini Camp! We'll have lots of fun programming in store. Don't forget to pack your lunch!

\$165 per Girl Scout

#### June 24 Mini Camp

#### **Brownies and Juniors!**

Join us in Savannah from 9:00 am - 2:00 pm for our Mini Camp! We'll have lots of fun programming in store. Don't forget to pack your lunch!

\$165 per Girl Scout

For Daisies, Brownies, and Juniors who are not quite ready for a week of resident camp, we are offering day camp at Camp Low and Camp Tanglewood this year, as well as mini camp options in Athens and Savannah. There will also be other day camps hosted by local service units held in your areas. Be on the look out for these awesome opportunities!

# What Does Your Camper Need To Bring?

## Important Tips to Remember

- Campers should dress for an active lifestyle.
- Light colored, comfortably fitting clothing is recommended. Please leave any offensive clothing or any clothing advertising alcohol or tobacco at home.
- Bathing suits should be one-piece or two-piece 'tankini' suits.
- Please do not send new shoes to camp with your camper. She will be walking all over camp each day. New shoes or ill-fitting shoes can cause painful blisters. Wet shoes or sandals can also cause blisters, so packing an extra pair of shoes is always a good idea.
- Flip-flops are fine to wear by the pool or in the shower, but closed toe shoes must be worn during all other activities.
- For younger campers: Select an outfit for each day and pack it in a plastic bag. Mark the bag with the day she will wear it. This will help her get dressed in the morning, keep her clothes together, and stay as dry as possible.
- Keep forms or medication handy! They will be needed at check-in on the first day.
- Leave valuables at home. Girl Scouts of Historic Georgia is not responsible for items lost or left at camp.

## What to Leave at Home

- Electronics
- Cell phones
- CD players
- iPods, Bluetooth Speakers
- Game Boys, Switch
- Fans
- Curling irons or blow dyers
- Food, gum, candy, or other food

**Camp is not responsible for any of these items being lost or broken while a camper is at camp.**

## Don't Forget!

Tie dye is one of your camper's favorite activities. Please bring a white garment for your camper to tie dye during the week. The more cotton in it, the better it soaks up the dye!

## Resident Camp Packing List

- White T-shirt to tie dye
- T-shirts: 1 per day + 2 extra (help protect your camper from the sun – no spaghetti straps)
- Shorts: 1 per day + 2 extra
- Socks: 1 per day + 3 extra
- 2 pairs of shoes (with closed toes)
- Shower shoes or flip flops
- Raincoat
- Pajamas or night shirts
- Longpants: 1 pair
- Underwear: 1 per day + 3 extra
- Hat
- Sweatshirt or light jacket (you never know)
- Swimsuit (must be a one piece or 'tankini' or have a water shirt)
- **Bike and helmet (Camp Low)**
- Spare day bag or back pack to carry swimsuit, towel, water bottle, sunscreen, etc. to and from camp activities during the day.
- Towels and washcloths (2 washcloths, 2 bath towels, and 2 towels for swimming/canoeing)
- Sleeping bag and fitted sheet or sheets, pillow, and pillow case for twin size bed
- Reusable water bottle
- Flashlight
- Insect repellent and sunscreen
- Toiletries: shampoo/conditioner, soap, toothbrush/toothpaste, hairbrush, ponytail holders, deodorant, sanitary items, shower caddy, etc.
- Many girls also enjoy bringing a stuffed animal, a book, travel sized games, a deck of cards, pens, or stationary and stamps for turtle time.

# What Do I Do When I Get There?

Let's get started on the check-in process!

## **Luggage**

From here you will unload your camper's luggage and place it in their designated unit area. Team members will transport your camper's luggage to their cabin. Please note: keep camper medications with you until you meet the camp nurse and a water bottle with you at all times.

## **Camper Check-in**

The camp director will meet you at the start of the check-in process to go over any last minute detail of your camper's stay.

## **Wellness Screening**

Proceed to the wellness screening station. Every camper goes through a more in-depth wellness screening prior to each session. This includes looking at their feet and hands, talking to them about how they have been feeling and checking for head lice.

## **Camp Nurse Touch Base**

Visit the camp nurse station to go over your camper's needs regarding medications and the authorized list of over-the-counter medications you filled out on CampDoc and answer any questions you may have.

## **Trading Post Check-in**

At our camp, we have a designated trading post where campers can purchase snacks and fun merchandise. On average, campers visit the trading post once a day to stock up on goodies and grab a quick bite to eat. On average campers spend around \$25 to play with for the week.

## **See you Friday!**

Before you give your camper that last big hug before checking her in with her counselor, stop by our photo booth for a family picture. Once done, your camper will head to her Unit to pack into her cabin and meet her Unit Family.

## **Mail Drop**

We're happy to deliver care packages, notes, and treats to your Girl Scout! Please drop letters or packages for your camper with our mail team before heading out.



# What Does My Camper's Week Look Like?

## **Camp Kapers**

Group living is a unique experience that girls are introduced to at camp. In addition to making new friends and being intentional about considering other's needs, girls learn to ask for and offer help. Daily camp kapers give girls the opportunity to contribute to their camp community by working together to tidy the common area and bathrooms, restock paper towels, or help sweep the lodge.

## **Trading Post + Camp Mates**

The Trading Post is getting an upgrade! Each camper will have the opportunity to visit the Trading Post in-person and via Camp Mates during Turtle Time. That's right. If they don't get everything they want the first time around, they can use our camp tech to browse the Trading Post selection, add items to their cart, and have it delivered to their cabin during Turtle Time. The Trading Post offers girls the opportunity to make decisions about what they want to purchase using the credit you've put on their account during check-in. Money management skills will last them a lifetime! Trading Post items cost between 25¢ cents and \$25 and range from edible treats to cabin time activities to camp apparel.

## **Mail Time, Mail Time, Mail Tiiiiime**

Mail time is near and dear to every camper's heart. Campers receive mail during Turtle Time in their cabin units. Mail received prior to 11 AM will be delivered that same day. Make it easier! Bring pre-labeled envelopes with you to the mail box at check-in or purchase a Camp Care Package to be delivered Wednesday afternoon of her camp session through CampDoc.

## **Unit Life**

A cabin unit is your camper's "home away from home." Campers are placed into units based upon their grade-level and camp session. Unit life includes their cook-out night, small group activities, turtle time, wake-up and bed time, and getting to know other campers and their counselors within their unit. GSHG Summer camps will maintain small Unit sizes of 6-16 campers. Each unit will have the appropriate number of counselors based on Girl Scout ratios. Please note that counselors sleep in a cabin or tent within your camper's unit, but not in the same cabin or tent.

## **Buddies**

Campers are welcome to request a camp buddy with a friend who is in the same Girl Scout grade-level. We can only guarantee placement with one buddy. Buddies sleep in the same tent or cabin, hang out together during Unit time and go to camp activities together. Don't have a buddy? No problem! Most girls come to camp without a buddy. Camp is a wonderful place for girls to make new friends!



## Safety at the Pool

For the safety of your camper, each camper will be evaluated on her swimming skills at the beginning of her camp session. Campers are placed into swimming groups based on ability. All swimmers are under the careful supervision of a lifeguard(s) while at the pool.

Campers are provided colored bands indicating their swimming abilities. The lifeguards on duty will indicate areas of the pool where girls may swim based on their band colors.

### Green Band

Camper demonstrates confidence swimming 25 yards with any forward facing stroke, can tread water for 2 minutes and is able to jump in from the designated jump area

### Yellow Band

Camper demonstrates confidence putting their head under the water and can swim 25 yards using any forward facing stroke

### Red Band

Camper does not want to take the swim test or does not demonstrate confidence in swimming with their head above the water without touching the bottom of the pool

## Camper Communication

Who doesn't love mail? Mail is very important to campers. Letters can make or break a camp experience. Please keep news light and cheerful. Telling her about the number of fun trips she's missed or how much the family pet is missing her will only add to any feelings of home sickness. Since most letters take two to three days to arrive, try mailing a letter a couple of days prior to camp so that the mail will be waiting when she arrives. Packages of games, books, or cards are also a great idea.

You may bring mail to camp check-in to be handed out during the week. Write the day of the week on the letter or package reflecting when you would like your camper to receive the mail. Mail is distributed each day during Turtle Time. Any mail that arrives for campers after they have gone home will be marked Return to Sender and sent back.

Tips for mail:

- Make mail positive. Encourage her to try new things and make new friends.
- Ask about what she is doing at camp.
- Let her know how much fun you want her to have at camp.
- Include pre-addressed, stamped envelopes or postcards to remind her to send YOU mail. Stamps will also be available for purchase at the trading post.

Forgot to bring mail? We have the answer. Email the camp inbox at:  
[programregistrar@gshg.org](mailto:programregistrar@gshg.org)

Emails should be text only with no attachments or photos. Place the camper's session name and camper's first and last name in the subject line to ensure delivery to the correct camper. Emails arriving prior to 11:00 AM will be delivered during Turtle Time that day. Emails delivered after 11 AM will be delivered the following day. Emails are a one-way communication and can not be responded to by campers.

Should a camper want to respond, they must do so by post mail.

## **Cell phones are not allowed at camp.**

### **Telephone Use by Resident Campers**

Parents are welcome to contact the camp office at any time with questions or concerns. In general, we work to promote independence and group cohesion in campers by discouraging telephone contact during the camp session. Of course, there are exceptions. The camp director will contact the parent/guardian if a camper is having trouble adjusting to camp life after 24 hours onsite or if there are health concerns during the session. We look forward to partnering with you to find the best solution for your camper, which may include having your camper talk with you on the phone. We do not have the technology onsite to allow campers to e-mail.

Due to the nature of camp, the camp staff spends the majority of their day out of the office with the camp community. The camp office is not staffed 24-hours a day. The Camp Director will make every effort to respond to your call or email within 3 hours of your correspondence.

### **Do not send a cell phone to camp with your camper for resident camp.**

When some girls have phones and others do not, it is a great distraction; there is increased homesickness and secret keeping. This interferes with the enjoyment of camp by all. If it is discovered that a camper does have a phone, it will be held at the camp office until they are picked up on Friday.

Cell phones are allowed during the Washington, D.C-Philadelphia Travel Trip.

### **GSHG Summer Camp Team**

Girl Scouts of Historic Georgia's camp team is made up of youth-minded adults who are devoted to giving campers the opportunity to learn new skills, develop long-lasting values, and learn about themselves and the world around them. They share a passion for nature and outdoor living. At least two team members per group will serve as rolemodels and guides as campers experience all that camp has to offer.

All team members are required to go through drug screenings, criminal background checks and pre-camp training. Team training includes first-aid, CPR, programming, outdoor skills, songs, team-building, dealing with homesickness, grade-level characteristics and MUCH more.



# How Can I Help Her Stay Healthy At Camp?

At GSHG summer camps we believe strongly in meeting every camper where they are. That means building a strong foundation with both of you from now until pick up. Whether they are coming to camp for the first time, have specific dietary needs, or have a physical/emotional health need, we are committed to partnering with you to help make camp feel safe, comfortable, and the best experience yet.

To do that, our health and wellness team asks key questions in the health history, reviews each health profile prior to arrival and sits down with each parent/guardian on check-in day to get to know your camper's individual needs and make a plan for their stay at camp.

Having prior knowledge about a learning difficulty, bed-wetting, ADHD, medical conditions, or a recent loss in the camper's life makes a tremendous difference in helping us be sensitive to your camper's needs.

Talk to us! Together, we can discuss our camp's ability to meet your Girl Scout's needs. If you have any questions or concerns regarding your camper's specific needs, email us at [programregistrar@gshg.org](mailto:programregistrar@gshg.org).

## **Tips for Total Wellness**

Hydrate, Hydrate, Hydrate! Pack a 16 ounce water bottle with your camper's name on it. Talk with your camper about the importance of drinking three to four bottles of water a day at camp. With increased activity in the sun, campers can easily become dehydrated. Camp team members are properly trained on how much water your camper should be drinking and are committed to making sure they drink as much water as possible during their stay at camp.

Apply, Apply, Apply! Pack SPF 30 or higher sunscreen in your camper's bag. Encourage your camper to apply sunscreen at least 10 minutes before she goes out into the sun. Camp team members will always remind campers to reapply throughout the day. Other ways to protect your camper from the sun are hats and swimshirts.

Rest, Rest, Rest! The first night of camp is always the latest for campers and camp team members. Everyone is excited about the start of a new adventure. After the first day, campers will be exhausted and ready for bed each night! Encourage your camper to giggle during the day time and dream the night away.

## **Medication Administration**

Be sure to list all of your camper's medications on the health history form, including over-the-counter medications. Bring these with you to check-in. All medications for campers and team members are securely stored in the Health Center.

- Only medications that are in the original container and are listed on the camper's health history can be administered.
- All medications, including vitamins, must be in the original container and marked clearly with the camper's name and directions for use. Only the dosage listed on the original container will be followed at camp.





- Medication can only be administered to the person listed on the original prescription container.
- After a discussion with the health care supervisor, it may be determined that a camper who uses an inhaler on an as-needed basis may carry the inhaler in her backpack to all of their activities. The parent and health care supervisor will determine if the camper can take on this responsibility. In this situation, we recommend a second inhaler remain in the Health Center, in the event the other is misplaced.
- Each counselor on our team is certified in First-Aid and CPR. First-Aid kits are readily available in all activity locations and sleeping areas of camp. Other First-Aid supplies and some over-the-counter medications (see health history in CampDoc for listing) are available for camper use, if administered by the health care supervisor in the Health Center. Please indicate in the health history form which medications the health care supervisor has permission to dispense to your camper in the event your camper should need them.

Please disclose other health-related concerns, such as bed-wetting, sleep walking, etc. on the health history form so that we can best meet the needs of your camper.

### **Head Lice Policy**

A head lice check is administered to each camper upon arrival by the health care supervisor. Any indication of head lice will mean immediate removal from the camp session. Campers may return to camp once they are lice free and have been cleared by the camp health supervisor. If your camper is unable to return to camp, the camper will receive a prorated refund up to half of the total camp session fee.

While at camp, please discourage your camper from sharing hair brushes, combs, headbands, scarves, hats, or any other items that may come in contact with another person's head and/or hair. For more information about head lice prevention, please visit [www.headlice.org](http://www.headlice.org).

### **Campers Sometimes Get Homesick**

Every camper misses their family, friends, and favorite pet during their stay at summer camp. Homesickness is normal behavior among both first time and experienced campers, but it usually disappears within the first two days of camp. Campers need this time to adjust to a new routine, new sleeping environment, and an increase in activities.

During their first 24 hours at camp, a camper may send home a letter requesting to come home. If you receive such a letter, consider that it has taken time to reach you. By the time you have received the letter your camper has probably adjusted to camp life. Please call Customer Care with any concerns. We will be happy to update you on your camper's well-being. We can be reached at 888-689-1912 or [programregistrar@gshg.org](mailto:programregistrar@gshg.org).

Occasionally campers exhibit signs of a typical homesickness. These signs include needing constant attention, clinging to adults, needing someone by her side to fall asleep, disrupting camp activities or crying constantly. In these situations the camp director will contact the parent/guardian to partner with them and make a plan for the camper, which may involve the camper going home.

**Camp tuition will not be refunded in the event a camper leaves camp due to homesickness.**



We will contact parent or guardian if a camper...

- Experiences atypical homesickness
- Experiences behavior challenges (see Behavior Agreement)
- Experiences an allergic reaction
- Spends the night in the health center or misses a day of activities
- Has an acute, sudden illness
- Has a temperature of 100.5 or higher
- Has an active case of head lice
- Exhibits symptoms of COVID-19 or has exposure to COVID-19
- Needs to be taken to Urgent Care or the hospital

Or, as the camp director or health & wellness director see fit

### **Meals**

We offer a wide range of nutritionally balanced, kid friendly meals prepared by a Servsafe certified food services manager. They are: breakfast, lunch, afternoon snack, and dinner.

Salads and fruit are available at most lunches and dinners. Seconds (and often thirds!) are available after everyone has eaten. Counselors will require each camper to drink one cup of water before drinking juice or milk.

Sunbutter (peanut free) and jelly sandwiches are also available at every meal if a camper is not willing or cannot have the dish served that meal.

**If your camper has special nutritional requirements, please note that on the health history form and speak to the camp director prior to their camp session.**



# Get In Touch

**For Questions Regarding:**

**Contact:**

Registration changes,  
payment questions, and  
cookie points help

Program Registrar

programregistrar@GSHG.org

Camp program questions  
and concerns

Michele Edwards  
Assistant Director  
of Program

MEwards@GSHG.org

## Getting to Camp

### Camp Low

1912 Rose Dhu Rd.  
Savannah, GA

Once you reach the address  
listed, proceed through the gate  
on a dirt road for 3/4 of a mile.

### Camp Tanglewood

1500 Shepherd Drive,  
Martinez, GA

Once you reach the address  
listed, turn left at the  
Camp Tanglewood entrance to  
head to the parking lot!

### Camp Martha Johnston

1500 Girls Scout Rd.  
Lizella, GA

Once you reach the address  
listed, turn into the  
McGee Lodge Side Entrance.

## Your Arrival Time

Please arrive in your camper's arrival window for drop off and pick up.  
This will help keep lines down during check-in.

### Drop Off

### Pick Up

#### Day Campers

7:30 - 8 am  
Monday - Friday

3:30-4:30 pm  
Monday - Friday

#### Brownie and Junior Resident Campers

3-4pm  
on Sunday












2-3 pm  
on Friday

#### Cadette, Senior, and Ambassador Resident Campers

4-5pm  
on Sunday

3-4 pm  
on Friday

# Legend

- |   |  |  |
|---|--|--|
|  Fire Pit    |  Pool       |  Infirmary          |
|  Cabin       |  Storage    |  Juliette's Cottage |
|  Staff Cabin |  Stage      |  Lodge              |
|  Bath House  |  Unit House |  |



**Rose Dhu Island**

**Main Entrance**



Frog Hollow Pond

Challenge Course

Mohawk Walk

Triangle Tight Wire

Up and Over

Log Shuffle

Nitro Swing

See Saw

Cypress Hill

Holly Row

Turtle Rock

Volleyball  
Gaga Pit

The Point

Lake Tatu

Archery Range

Simpson Athletic Field

CAMP TANGLEWOOD

Wishing Well

Honeysuckle

Dogwood Knoll

Main Gate

Horse Hill

CAMP TANGLEWOOD

girl scouts  
of historic georgia

Augusta, GA

### Legend

- Fire Pit
- Pool
- ⊕ Infirmary/Friendship Hall
- Cabin
- Storage
- Red House
- Staff Cabin
- Stage
- ⊕ Lodge
- Bath House
- Cook Shelter
- Ferry



Sweetwater Creek

Sleeping Quarters

Peyton Anderson Lodge

Equine Facilities

Sweetwater Entrance

Adventure Unit

Hulk House

McGee Entrance

McGee Lodge

Explorer Unit

Ranger Unit

Sports Field

Archery Range

Girl Scout Road

# Legend

- Fire Pit
- Cabin
- Staff Cabin
- Bath House
- Pool
- Storage
- Ampitheater
- Cook Shelter
- Infirmary
- Arts and Crafts
- Lodge



# Camp Pricing Information

Everyone has their own path to camp! The more conversations you have with your camper the better prepared they'll be for all the excitement. We are happy to talk through camp options so that you can make the best decision for your camper. Call or email us - 1-888-689-1912 or [programregistrar@gshg.org](mailto:programregistrar@gshg.org).

SESSION	DATES	TYPE	LOCATION	LEVEL	COST-May 1
Week 1	June 3 - June 7	Day Camp	Low	●●●●	\$240
Week 2	June 10 - June 14	Day Camp	Low	●●●●	\$240
	June 9 - June 14	Resident Camp		●●●●●●	\$450
	June 9 - June 14	CIT 1		●●●●●●	\$275
Week 3	June 17 - June 21	Day Camp	Tanglewood	●●●●	\$240
	June 16 - June 21	Resident Camp		●●●●●●	\$450
Week 4	June 24 - June 28	Day Camp	Tanglewood	●●●●	\$240
	June 23 - June 28	Resident Camp		●●●●●●	\$450
	June 23 - June 28	CIT 2		●●●●●●	\$275
Week 5	June 30 - July 5	Travel Camp	Low	✱●●●	\$659
Week 6	July 7 - July 12	Resident Camp	CMJ	●●●●	\$450

## Legend:

- Daisies
- Brownies
- Juniors

- Cadettes
- ✱ 8th Grade+
- Seniors
- Ambassadors

## Price Windows:

- Early Bird: Open Registration - February 29
- Regular Pricing: March 1 - May 1
- Late Registration: May 2 - One Week Prior to Session Start

## DISCOUNTS

### Early Bird

Registration submitted with deposit by February 29. \$50 off for Resident and \$25 off for Day.



### Returning Camper

\$20 off for a Girl Scout who participated in camp in 2023.



### Multi-Camper Household

\$10 off per additional camper.



### Assistance

We have camp scholarships! [www.gshg.org](http://www.gshg.org)



*Feel free to combine up to any two discount opportunities!  
An additional \$50 fee will apply for Late Registration after May 1, 2024.*

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